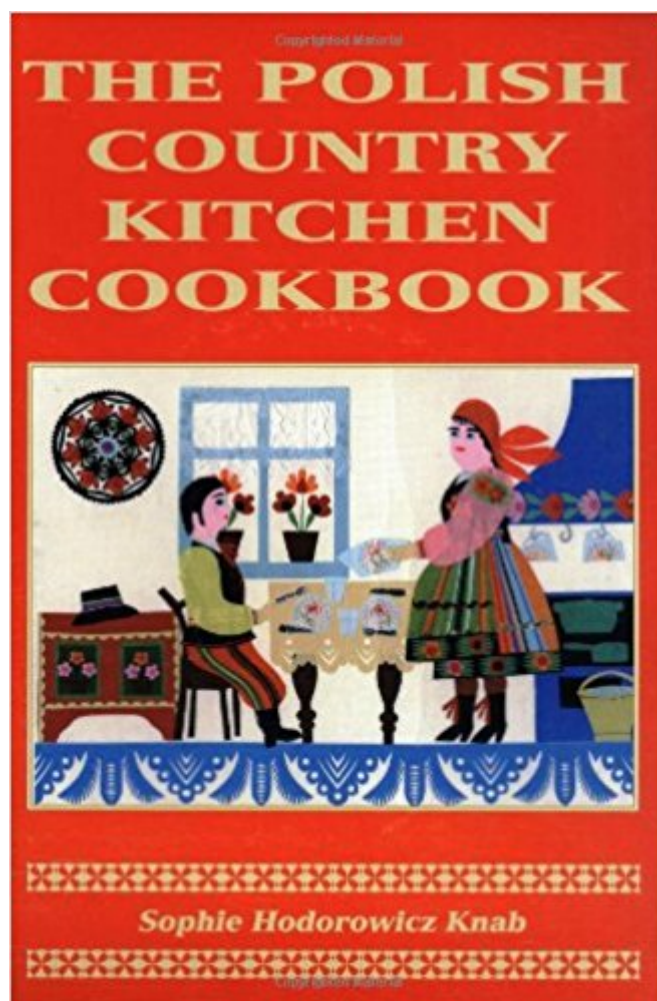


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# The Polish Country Kitchen Cookbook



## Synopsis

From top-selling author Sophie Hodorowicz Knab comes a new book that combines recipes for favorite Polish foods with the history and cultural traditions that created them. Arranged according to the cycle of seasons, this cookbook explores life in the Polish countryside through the year. The Polish Country Kitchen Cookbook gives its readers priceless historical information such as the type of utensils used in Poland at the turn of the century, the meaning behind the Pascal butter lamb, and many other insightful answers to common questions asked by descendants of Polish immigrants. The over 100 easy-to-follow recipes are all adapted for the modern North American kitchen. Lovely illustrations and pearls of practical wisdom ("Household Hints") from the old Polish kitchen marvelously complement this book.

## Book Information

Hardcover: 200 pages

Publisher: Hippocrene Books (November 2001)

Language: English

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Product Dimensions: 9.3 x 6.4 x 1.1 inches

Shipping Weight: 1.6 pounds

Average Customer Review: 4.6 out of 5 stars 11 customer reviews

Best Sellers Rank: #1,073,510 in Books (See Top 100 in Books) #57 in [Books > Cookbooks, Food & Wine > Regional & International > European > Polish](#)

## Customer Reviews

Sophie Hodorowicz Knab is a noted lecturer and author whose books include Polish Customs, Traditions & Folklore; Polish Herbs, Flowers & Folk Medicine; and Polish Wedding Customs & Traditions, all published by Hippocrene Books. She is a contributor to the Polish American Journal and resides in Grand Island, New York.

Interesting!

I really liked most of these recipes. I am learning how to cook and I am trying to incorporate different cuisine into my repertoire. There were just a few recipes that didn't taste as good to me, but I was able to modify them. I think that this is a great cook book with some very interesting Polish culture

thrown in. Recommend.

This great cookbook not only gives you great recipes, but also some history too. I bought this cookbook and tried several of the recipes which are close to those made by my Babcia and Pra Babcia. When my parents visited once, I showed them this cookbook and within ten minutes my Father had ordered one for himself. Now, everyone's family does things a little differently & we remember those small nuances. This cookbook will get you on the right track regardless, and all you might need to do is tweak here and there based on your family's traditions. Proud to be Polish.

I recently lost my 94 year old Polish mother. Someone gave me this book, and it is like having her still in the kitchen with me. I bought two more for our sons. The recipes are identical to what she made. The photographs and stores are priceless.

Brought back memories of delicious home cooking. I bought it to give my daughter who married a Polish man.

Love this book

Well written, informative. Would recommend.

So many great recipes, It was hard to pick a favorite. Ordered several books for friends. They loved it as well

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